

INSTRUCTIONS:

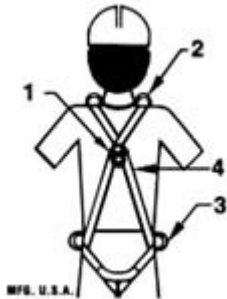
Warning: Manufacturer's instructions supplied with this product at time of shipment must be followed. Failure to do so could result in serious injury or death. Contact manufacturer if instructions are needed.

- Warnings and instructions must be read and understood before using equipment.
- Equipment must be used by trained personnel only.
- Users must understand all OSHA regulations, ANSI standards, and other relevant regulations and standards pertaining to fall protection equipment.

This product is part of a personal fall arrest system; a fall arrest system is required if there is any risk that a worker may fall from an elevated position. It is a requirement that the fall arrest system be used any time a working height of six feet or more is reached. Working height is defined as the distance from the walking/working surface to a grade or lower level.



The Following is Recommended as Part of Fall Arrest System:



A. Full Body Harness

Material: Nylon

1. Black D-ring is for fall arrest
2. Shoulder D-rings (if present) are for retrieval use only
3. Side D-rings (if present) are for positioning only.
4. Warning tags

Note: See additional instruction on buckle adjustment for proper fit. Maximum free fall distance allowed six feet. Maximum weight 310 lbs. Maximum fall arrest force should not exceed 1,800 lbs.

B. Shock absorbing lanyard material:

Nylon Warning tags located in front and back of shock absorber or located towards hook, D-ring or eye end.



US-96516

- Energy absorber resting force 900 lbs. Plus 42 inch maximum extension
- Rig lanyard to allow a maximum freefall distance of not more than six feet.

C. Anchorage connector material: Nylon

Warning tags are located towards hook, D-ring or Eye End.



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- Use energy absorbers or retractable lanyards when hazard or free fall can occur.
- Connectors and anchorage points must be compatible and able to support 5,000 lbs. Always work directly under

- Connectors and anchorage points must be compatible and able to support 5,000 lbs.
- Do not allow lanyard to contact sharp or abrasive surfaces, sparks or temperature above 180 degrees.
- Snaphooks with gate openings larger than one inch (1") must not be connected to D-rings on harnesses and belts.
- Remove from service if any damage is detected.
- Anchorage and tie off points must be at a height that will not allow a lower level to be struck should a fall occur.
- Do not allow product to contact sharp or abrasive surfaces, sparks or temperature above 180 degrees.
- Remove from service if any damage is detected.

Note: If warning tags are removed or illegible, mark product unusable and contact manufacturer for further instructions.

Inspect product before each use for rips, tears or burns in material. Inspect for cracks, elongation or excessive abrasion in metal fittings. If any of the following occurs remove from service.

If any fall occurs with the product, remove product from service.

Use mild detergent to clean product. Allow product to dry before use.

Do not expose to chemicals and corrosives, which could weaken parts. Consult manufacturer if in doubt.

Harnesses are machine washable with light detergent. To help avoid damage to the washer, throw harness in a shoe bag or laundry bag with draw string. Allow to sun dry and then store in a cool dark place.
CAUTION: NO DRYERS